PERU BOARD OF HEALTH MEETING

Monday December 19, 2022 10:00AM Community Room Peru Town Hall 3 E Main Rd Peru, MA 01235

Agenda

- 1. Call to order.
- 2. Roll call.
- 3. State recording status.
- 4. Review and approve minutes from 11/14/22 BOH meeting.
- 5. Ed Fahey's report
- 6. Mini grants: suggestions from Ed
- 7. Follow up Rural Health Equity grant and resident's survey.
- 8. Private well regulations follow up discussion.
- 9. Schedule next meeting, set agenda.
- 10. Adjourn

The list of matters is those reasonably anticipated by the board which may be discussed, and other items not listed may also be brought up for discussion to the extent permitted by law.

Official Posting: Peru Town website: www.townofperuma.com

Posted December 12, 2022 @ 9:15am Kim Leach, Town Clerk

Peggy White Chair Peru Board of Health pwhiteperuboh@aol.com

PERU BOARD OF HEALTH MEETING MINUTES

Monday December 19, 2022, 10:00 AM

Community Room 3 E Main Rd

- 1. The meeting was called to order at 10:14 AM
- 2. Roll call: present Nanette Mone, Peggy White and Darryl Darby and Ed Fahey, Health Agent
- 3. Nanette recording.
- 4. A motion was made to approve minutes from 11/14/2022. All in favor.
- Ed Fahey's report: a) owner at 234 E. Windsor Road asked Ed for a variance of the distance from the well to the septic system of 60 feet rather than the 100 feet preferred. The topography of his land does not allow for many options; there is a pond and some wetlands. The engineer usually looks for the best placement so it serves no purpose to ask for a redesign. Title V allows variances but not below 50 feet. The advantage here is that it will be a new system; the old system is in the same place. A motion was made to allow the setback of 60 feet from the well to the septic system with the condition that their water is tested annually. All in favor. b) Ed requested clarification of the board's decision at the last meeting regarding the 36 South Road property. A motion had been made that the board will issue a temporary housing permit on the condition that she agrees to collect and pump out the gray water once a year and show the receipt to the board. Ed will send out a letter to that effect. If the owner still refuses, Ed suggests that the next step would be to issue an order to vacate the property and possibly have to take the matter to court. The owner will not be returning until spring. Ed will see what response there is to the letter before recommending further action. c) Two perc tests were done at 98 E. Main Road pursuant to an expansion of the foot print of the house. This falls under new construction rules for building a septic system. The tests passed. d) Septic haulage licenses were issued for 2023 to Berkshire Septic and Sanitary Septic. e) Peggy spoke about a comment that a resident wrote onto the back of a survey that was mailed out. It was a complaint about non-compliant septic systems but was not specific and was not signed, Ed and the board members have not heard of such a situation to this point.
- 6. Mini grant update: some ideas were discussed about how the monies could be spent such as tick removers for all. Forms have to be filled out identifying priorities and realistic use of the funds. Peggy has previously spoken to the accountant and the treasurer so we are already ready to accept the check which is how the money is disbursed. Ed has what he needs for his work.

BARRYL AGREED TO FOLLOW UP, WITH LAWRA KITTROSS

7. Follow up on rural health equity grant and resident survey: Over 40 surveys were returned. Nanette made a chart of the responses to the questions. The biggest response was to the transportation issue. There is a large interest in the seated exercises and the fall risk program. Peggy will contact Leslie about conducting a series of classes. Another thought is purchasing CD's so people can continue exercises at home. With regard to gas cards, it will be hard to assess need and to decide on the best way to accomplish distribution. A functioning food pantry is at best 6 to 12 months away. The Hinsdale food pantry serves a number of Perú residents; the board will be exploring combining efforts. Perhaps we can hire a fitness instructor but the funds are limited so we will have

to see what develops. Peggy said it is a lot to coordinate. Nanette said we will tackle it item by item. Nanette will call Jamie for more ideas.

PEGGY AGREED TO FOLLOW UP WITH LESLIE DRAGER.

- 8. Continuing well regulation work: Ed had prepared a set of for Peru. The board went over various comments and changes and asked for Ed's advice. Ed will do another draft to include the comments and recommendations. We will look it over for the next meeting.
- 9. The next meeting is set for January 24, 2023 at 10:00 AM. The agenda will include Ed's report, Sonia Butler to discuss potential food pantry and food insecurity, mini grant update, update on Rural Health Equity grant and well regulation continuing discussion.
- 10. A motion to adjourn was made at 12:33 PM. All in favor.

Minutes respectfully submitted as a draft by Nanette Mone 01/21/2023

Approved

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Peggy White

Nanette Mone

Darryl Darby

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TOWN OF PERU