

PERU BOARD OF HEALTH MEETING

Monday March 13, 2023 9:00AM

Community Room

Peru Town Hall 3 E Main Rd

Peru, MA 01235

Agenda

1. Call to order.
2. Roll call.
3. State recording status.
4. Review and approve minutes from 1/24/23 and 2/21/23 BOH meeting.
5. Ed's Report
6. Mini grants: follow up
7. Follow up Rural Health Equity grant.
8. Private well regulations discuss procedure for adoption of regulations
9. Schedule next meeting, set agenda.
10. Adjourn

The list of matters is those reasonably anticipated by the board which may be discussed and other items not listed may also be brought up for discussion to the extent permitted by law.

Official Posting: Peru Town website: www.townofperuma.com

Posted February 26, 2023 @ 10:15 am , *Kim Leach, Town Clerk*

Peggy White Chair Peru Board of Health pwhiteperuboh@aol.com

Peru Board of Health Meeting Minutes
Monday March 13, 2023 9:00AM
Community Room 3 E Main Rd

1. The meeting was called to order at 9:05 AM
2. Roll call: Peggy White, Darryl Darby and Ed Fahey present. Nanette Mone present remotely. others attending Mike Frederick, James Kenny and Jesse Pelkey.
3. State recording status: None. The minutes will be typed by Peggy.
4. Item 8, private well regulations, was moved to the next topic of discussion. Mike Frederick Chair of the Conservation Commission was present to discuss feedback that we add language that states the role of the conservation commission with private wells. The first area is in the siting of the well. They have jurisdiction in the realm of wetlands protection, bordering vegetative wet lands, the land under water (lakes, ponds and streams), the bank of those bodies of water, streams both intermittent (seasonal) and perennial. Wells need a 100 feet buffer from intermittent streams and 200 foot buffer on both sides of perennial streams (inner riparian and outer riparian). Any well within the buffer zone should file with the ConCom. He has requested on page 3 of the Peru Well Regulations Draft that there be a notation to surface water "Filing with the Conservation Commission may be required". Ed stated that when well drilling plans include wet lands that triggers a notification to the ConCom but Mike stated it is good to include these notifications for both the drillers and home owners awareness. Mike is also concerned about protection of wet lands in the drilling and disinfection processes and has requested on pg 14 of the Peru Well Regulation Draft ~~Page 14, item 2 a 2~~. During the disinfection process any and all runoff should be directed to the containment pit and 3 b) we add "wet lands notification of the Conservation Commission may be required". Mike will check required language re run off to containment area. A motion was made, seconded and all in favor in adding these notations to the Peru regulations. Mike also brought up his concern about the many campsites and trailers parked on land in Peru and the potential of wetlands contamination if sewage is not properly disposed of. Peggy agreed this has been an issue of concern for the BOH, shared how we had issued a temporary housing permit and health inspector site visit, and that we are a complaint driven board. She offered a joint meeting of the ConCom and possibly and Zoning board to discuss this further. The new DEP updated well guidelines were briefly discussed, changes included new definitions, added PFAS water testing and language changes. The board decided to schedule a meeting exclusively focused on comparing our draft with the new guidelines.
5. Mini Grant update: Darryl has completed the invoice of request of funds to include: CPR mannequins, Jesse Pelkey shared the plan to use the mannequins to train Fire department, town employees and to consider training for the town's residents in conjunction to the use of the town's AED devices. The other requests include tick removal devices, bby changing table for the Community room that serves as an emergency shelter, public notice for the public hearing of well regulations, first aid kits and standard fill for kits and a new stand up announcement board. Darryl will submit request to Laura Kitross for approval.
6. Ed's report: 7 Cornell Lane septic system repair, 4 North Road he sent a notice that Title V inspection is needed with sale and deed transfer.
7. The review of minutes from the BOH meetings 1/24/23 and 2/21/23 were reviewed, motion made, seconded and all in favor of approving the minutes.
8. Follow up rural health equity grant: Nanette spoke to Jaymie as far as food insecurity there are exciting programs happening through the Hilltown CDC that involve CSA boxes, food boxes delivery to homes for a fee, and the take over of Sawyer Farm store as a food distribution site as well as delivery of prepacked food boxes to central locations for once a week pickup that is

available to Peru. The board discussed with these option to hold use of the grant funds going to the Hinsdale Food pantry that is still in transition. Peggy has submitted the subcontract for the gas cards, yoga instructor fee and 5 yoga mats. The seated yoga class is scheduled for 4/18 at 11:00Am for 4 weeks and if interest to extend for 6 weeks to be taught by Rima Sala. A tai chi teacher is available and Nanette will contact her for plans, Rima will be able to offer regular yoga in the fall. Registration and a liability waiver will be signed at the first class. The granters require documentation of participation to be filed as a report. Peggy has reached out to Leslie Drager and is waiting to hear about Matter of Balance classes that may be best offered after the completion of the yoga class. The board discussed that the gas card distribution will be on a Saturday at the Community Room for 1-2 hours. Notice will read for those with transportation challenges free gas cards will be available as part of the rural health equity grant. Similar documentation will be necessary regarding the distribution.

9. A dedicated well regulation meeting will be held on 3/27 at 9:30AM and the next regular BOH meeting will be 4/17/23 at 10:00AM with agenda including: approve meeting minutes, Ed report, follow up mini-grant, rural health equity grant and well regulations.
10. Motion made to adjourn, seconded and all in favor. Meeting adjourned at 10:51 AM

Minutes respectfully submitted as a draft by Peggy White on 3/14/23

Approved 4/12/23

Peggy White

Nanette Mone

Darryl Darby

